

**Homeroom LESSON PLAN for
MONDAY April 8th**

HOMEROOM LESSON – ACADEMIC STUDY HABITS

Title: Education Pay and Building Effective Academic Study Habits

Objective:

Students will be able to:

1. Understand that more education = higher paying wages, more opportunity
2. Understand the importance of study habits for academic success.
3. Identify common obstacles to effective study habits.
4. Learn practical strategies to develop and maintain effective study habits.

Materials Needed:

1. PowerPoint
2. Handouts with study habit assessment (optional)

Lesson Outline:

Introduction (5-8 minutes):

1. Greet the students and explain the importance of a high school diploma. Use the graphic in the PowerPoint to explain that more education equals more future opportunity. Read through slides 1- 6. Ask for feedback, thoughts, discussion...
2. Review slide 7 – 3 keys to graduation.

Defining Study Habits (5 minutes): Slides 8 - 9

1. Define "study habits" as the routines and practices students use when preparing for exams, completing assignments, or learning new material.
2. Explain that good study habits can help students manage their time efficiently, retain information better, and reduce stress.
3. Encourage students to share their study habits with the person next to them – then share out.

Common Obstacles to Effective Study Habits (5 minutes):

1. Discuss common obstacles students face when trying to establish effective study habits, such as procrastination, lack of focus, or poor time management.
2. Encourage students to share any personal obstacles they have encountered.

Strategies for Developing Effective Study Habits (10 minutes):

1. THINK -PAIR-SHARE – have students share with a partner what they think good study habits are...or what bad study habits are. Have each pair share out.
2. Present a list of practical strategies for improving study habits, including:
 - Creating a dedicated study space.
 - Setting specific goals for each study session.
 - Using active learning techniques like summarizing and teaching.
 - Avoiding distractions (e.g., turning off phones).
 - Taking regular breaks.
 - Using study aids like flashcards or study groups.
3. Discuss the importance of consistency in study routines.

Activity: Self-Assessment (5 minutes): *HANDOUT*

1. Provide self-assessment worksheet for students to evaluate their current study habits.
2. Encourage students to identify areas where they can improve.

Conclusion – Grade Check (5 minutes):

1. Have students pull up their PowerSchool or look them up yourself.
2. Open the floor for questions and encourage students to share any additional tips or insights.

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